



# Winter in Greece

Even though we are not famous for our winters  
(the opposite season is the one that characterize our country)

here is a collection of our works!!!

A photograph of a winter forest. The trees are heavily covered in snow, and a path leads through the woods. The scene is serene and quiet.

**W**alking

**I**n

**N**ature

**T**hrough

**E**asy

**R**outes

## "Halcyon days" the sunny days in mid winter

In Greek mythology, **Alcyone** (Greek: Ἀλκυόνη, *Halkyónē*) was the daughter of Aeolus, either by Enarete or Aegiale. She married Ceyx, son of Eosphorus, the Morning Star



### Details of the myth

Alcyone and Ceyx were very happy together in Trachis, and according to myth, often called each other "Zeus" and "Hera". This angered Zeus, so while Ceyx was at sea (going to consult an oracle), the god threw a thunderbolt at his ship. Soon after, Morpheus (god of dreams) disguised as Ceyx appeared to Alcyone as an apparition to tell her of his fate, and she threw herself into the sea in her grief. Out of compassion, the gods changed them both into halcyon birds, named after her.

Ovid and Hyginus both also make the metamorphosis the origin of the etymology for "**halcyon days**", the seven days in winter when storms never occur. They state that these were originally the 14 days each year (seven days on either side of the shortest day of the year) during which Alcyone (as a kingfisher) laid her eggs and made her nest on the beach and during which her father Aeolus, god of the winds, restrained the winds and calmed the waves so she could do so in safety. The phrase has since come to refer to any peaceful time. Its proper meaning, however, is that of a lucky break, or a bright interval set in the midst of adversity; just as the days of calm and mild weather are set in the height of winter for the sake of the kingfishers' egg laying.

The myth is also briefly referred to by Virgil, again without reference to Zeus's anger.



SNOW

ICE SKATES

SKIING

JACKET

FROZEN

SCARF



happiness

carefree

warmness

expectation

calmness



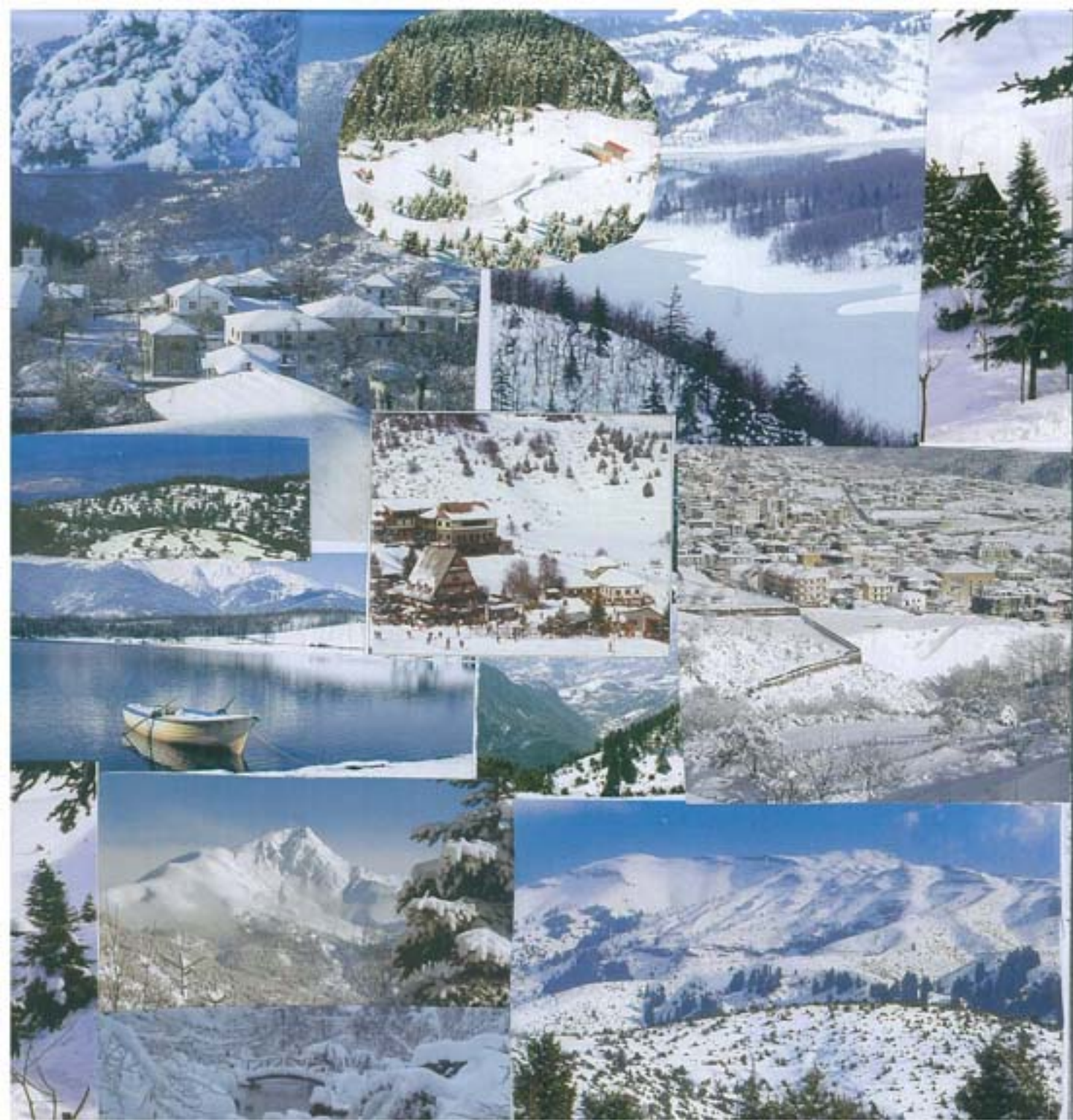
excitement

sorrow

nostalgia

love

melancholy



cold

snow fight

snowman

not chocolate

fire place

warm clothes

ski centres

snowy mountains

warmth

Christmas

**W**ind

**I**ce

**N**orth

**T**ea

**E**arflap-hat

**R**adiator



Χειμωνιατικο ροφημα





SNOWMAN  
SKIING  
SNOW  
STORMS  
SLEIGH  
CHRISTMAS



By: Maria Kateri  
and  
Sophia Tsoika



Weather  
Is  
Never  
Tiring  
When it  
Rains



sno**W**hite

sk**I**

s**N**owflake

mit**T**en

sl**E**igh

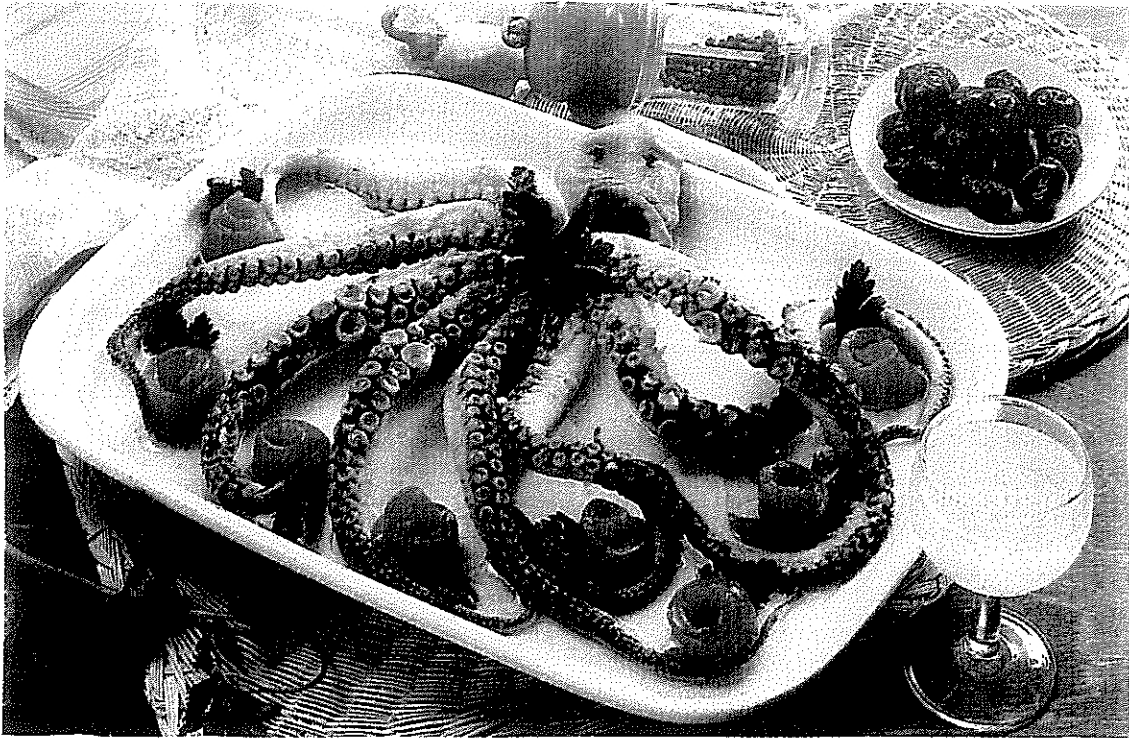
Janua**R**y



*each one is unique*

# WINTER

*their magic lies on their diversity*



## ΧΤΑΠΟΔΙ ΜΕ ΠΙΠΕΡΙΕΣ ΚΑΙ ΚΡΕΜΜΥΔΑΚΙΑ

### Υλικά για 4 άτομα

1 χταπόδι μεσαίο • 200 γραμμ.  
κρεμμυδάκια πέρλες • 1 σκελίδα σκόρδο,  
φιλοκομμένη • 4 κ.σ. ελαιόλαδο  
• 200 γραμμ. πιπεριές • 1 κ.σ. μέλι  
• 1 ποτήρι λευκό κρασί • 1 φύλλο δάφνης

### Εκτέλεση

Πλένετε καλά το χταπόδι. Βάλτε το με ελάχιστο νερό σε μια κατσαρόλα μαζί με το φύλλο δάφνης και αφήστε το να σιγοβράσει για περίπου 20 λεπτά. Σβήστε με το κρασί και σιγοβράστε για περίπου 1 ώρα ακόμη ή μέχρι να μαλακώσει. Μην βάλετε αλάτι αμέσως – το χταπόδι συνήθως έχει αρκετό δικό του. Προσθέστε τις πιπεριές, τα κρεμμυδάκια και το μέλι και βράστε για περίπου 10 λεπτά μέχρι να απορροφηθούν τα υγρά.

## OCTOPUS WITH PEPPERS AND ONIONS

### Ingredients for 4 persons

1 medium size octopus • 200 g. pearl onions • 1 finely chopped garlic clove  
• 4 spoonfuls of olive oil • 200 g. peppers  
• 1 spoonful of honey • 1 glass of white wine • 1 bay leaf

### Execution

Wash the octopus well; put it in a pot with very little water and the bay leaf, and let it simmer for about 20 minutes. Add the wine and let it simmer for approximately 1 more hour, until it becomes soft. Don't add salt immediately – usually the octopus has enough already. Add the peppers, the onions and the honey and boil for about 10 minutes until all the liquids are absorbed.

